

# Men's screenings & vaccinations

**AGE  
21-29**

**Flu vaccine:**  
Every year

**Tdap vaccine:**  
Every 10 years

**HPV vaccine:**  
2-3 shots  
before age 27;  
age 27-29,  
discuss with  
your provider

**Meningococcal B  
vaccine:**  
Discuss with  
your provider

**AGE  
30-39**

**Flu vaccine:**  
Every year

**Tdap vaccine:**  
Every 10 years

**HPV vaccine:**  
Discuss with  
your provider

**Meningococcal B  
vaccine:**  
Discuss with  
your provider

**AGE  
40-49**

**Colorectal  
cancer screening:**  
Discuss with provider  
starting at age 45

**Prostate cancer  
screening:**  
Discuss with  
provider starting  
at age 45 if  
African-American/  
black and/or  
family history of  
prostate cancer

**Flu vaccine:**  
Every year

**Tdap vaccine:**  
Every 10 years

**HPV vaccine:**  
Age 40-45, discuss  
with your provider

**AGE  
50-64**

**Colorectal  
cancer screening**

**Prostate cancer  
screening**  
Discuss with  
your provider

**Lung cancer  
screening:**  
Discuss with  
your provider

**Bone density test:**  
Discuss with  
provider if at risk

**Flu vaccine:**  
Every year

**Tdap vaccine:**  
Every 10 years

**Shingles vaccines:**  
Generally, 2 vaccines  
2-6 months apart

**AGE  
65+**

**Colorectal  
cancer screening**

**Bone density test:**  
Discuss with  
your provider

**Abdominal aortic  
aneurysm screening:**  
If you are/were  
a smoker

**Glaucoma screening:**  
Every 2 years

**Flu vaccine:**  
Every year

**Tdap vaccine:**  
Every 10 years

**Shingles vaccines:**  
If you haven't  
already had them

**Pneumonia vaccines:**  
Discuss with your  
provider

## ALL AGES

### Every year

Talk with your health care provider every year about:

- Blood pressure and cholesterol screening
- STI testing (chlamydia, gonorrhea, syphilis)
- Diabetes screening
- Depression/anxiety screening
- HIV testing

### Once

Hepatitis C screening is recommended once for every adult age 18 to 79 years.

Call the MNPS Employee & Family Health Care Centers  
at 615-259-8755 to schedule a screening or vaccination.