Men's screenings & vaccinations

AGE 21-29

Flu vaccine:
Every year

Tdap vaccine:
Every 10 years

HPV vaccine:
2-3 shots before age 27; age 27-29, discuss with your provider

Meningococcal B vaccine:
Discuss with your provider

AGE 30-39

Flu vaccine:
Every year

Tdap vaccine:
Every 10 years

HPV vaccine:
Discuss with your provider

Meningococcal B vaccine:
Discuss with your provider

AGE 40-49

Colorectal cancer screening:
Discuss with provider starting at age 45

Prostate cancer screening:
Discuss with provider starting at age 40-45 if African-American/ black and/or family history of prostate cancer

Flu vaccine:
Every year

Tdap vaccine:
Every 10 years

HPV vaccine:
Age 40-45, discuss with your provider

AGE 50-64

Colorectal cancer screening

Bone density test:
Discuss with provider if at risk

Prostate cancer screening:
Discuss with your provider

Lung cancer screening:
Discuss with your provider

Glaucoma screening:
Every 2 years starting at age 60

Flu vaccine:
Every year

RSV vaccine:
Starting at age 60; discuss with your provider

Tdap vaccine:
Every 10 years

Shingles vaccines:
Generally, 2 vaccines 2-6 months apart

AGE 65+

Annual wellness visit:
Every year

Colorectal cancer screening

Bone density test:
Discuss with your provider

Abdominal aortic aneurysm screening:
If you are/were a smoker

Lung cancer screening:
Discuss with your provider

Glaucoma screening:
Every 2 years

Flu vaccine:
Every year

RSV vaccine:
Discuss with your provider

Tdap vaccine:
Every 10 years

Shingles vaccines:
If you haven't already had them

Pneumonia vaccines:
Discuss with your provider

ALL AGES

Every year — Talk with your health care provider every year about:
• Blood pressure and cholesterol screening
• COVID-19 vaccination
• STI testing (chlamydia, gonorrhea, syphilis)
• Diabetes screening
• Depression/anxiety screening
• HIV testing

Once — Hepatitis C screening is recommended once for every adult age 18 to 79 years.

To schedule a screening or vaccination at the MNPS Health Care Centers, call 615-259-8755 or visit MNPSHealth.org/schedule.